

“The Transfiguration of Jesus on Mount Tabor”...

FROM THE GOSPEL ACCORDING TO - **MATTHEW** -:

“Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.”
(Matt 17:1-2)¹

MEDITATION ON THE MYSTERY:

How can we be “light” for the world (cf. Matt 5:14-16)? Lord, help us not to be deceived by the Enemy, who always wants us to point the finger at our brothers – for You Yourself tell us, through the prophet Isaiah, *“If you remove...from among you the accusing finger, ...then your light shall arise in the darkness”* (cf. Is 58:9b-10).¹ (cf. SLC, pp. 130G, 288-289)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to not “pointing the finger” to accuse others, Pope Francis says, *“[A]t any time our individual and communal religiosity can conceal the worm of hypocrisy and the urge to point the finger at others... Those who believe they are upholding the faith by pointing their finger at others may have a certain ‘religiosity,’ but they have not embraced the spirit of the Gospel, for they disregard mercy, which is the heart of God.”*
(FRANCIS, Homily, 03 April 2022)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...